



**Both Liver and Kidney in one dish? Oh why not!**

**Ingredients:-**

Liver and Kidney

Flour ( Gluten free in our case)

Salt, Pepper, Onion Salt and Garlic Salt ? To season the Flour

White Wine Vinegar

Tomato Puree

Chilli Flakes

Reserved Chicken Stock

Peas

Salt and Pepper

Tomato Sauce

Oil

**Method:-**

(1) Cube and coat the Liver & Kidney in Seasoned flour.

(2) Sear on all sides in a bit of oil.

(3) Set the Offal aside and drain the juices into a pan.

(4) To the juices add White Wine Vinegar, Tomato Puree, Chilli Flakes, Pepper, Chicken stock and Tomato Sauce.

(5) Simmer to reduce.

(6) Add Liver and Kidney and Peas to the sauce.

**We served ours with [Sag Aloe](#). A very quite an tasty ?End of the month? dish.**

