

Sometimes it?s the little things Sue misses, or missed. But creative cooking is always good!

Ingredients:-

Home cooked Gluten free Bread, grated
1 Onion, finely sliced
Salt and Pepper
1 Egg, beaten
Dried Sage and Basil
Oil and Butter (Margarine)

Method:-

- (1) Sweat the Onions down with a little oil and butter.
- (2) Add the dried Sage and a little of Salt, Pepper and dried Basil.
- (3) Grate the Gluten Free Bread.
- (4) Add a beaten Egg and mix well.
- (5) Form into balls and pop in the oven with your roast for the last 15 minutes in a greased tray on the bottom shelf.