

The final demise of the roasted Chicken and the stir fry pack! We added a few fresh salad components, some crispy grilled Bacon bits and Mayonnaise. A few chopped pickled Gherkins added a bit of acidity and colour. Although it?s only a salad this was quite a hearty meal.

So including the Bacon Ends (£1.29 for 1kg) Tomatoes, lettuce etc. (Say £2) we have squeezed 6 quite substantial meals our of a Chicken (£2.85) and a stir fry pack (80p) for less than £8 which even for us couple of skin flints is pretty good going!