

What do you base a meal on? With us it?s often what?s in the fridge - an open half tin of Baked Beans on this occasion! As we?ve had a couple of fairly complex experimental meals over the last few days we thought we?d just have an old favourite - Crispy coated Chicken, with home made Onion Rings, chips and home made Coleslaw.

It?s not big and it?s not clever. But it was very tasty!

Here?s the latest crispy coating recipe (We used Salt and Vinegar Crisps this time!)

Onion Rings recipe here